

# Pharmacy and Therapeutics Committee

## Meeting Minutes

**Thursday, April 19, 2018**  
**7:15 a.m. to 8:45 a.m.**  
**Cannon Health Building**  
**Room 125**

**Committee Members Present:**

Clinton Sheffield, MD  
 Bryan Larson, PharmD  
 Clayton Grace, RPh

Elizabeth Young, PharmD  
 Jake Jones, MD  
 McKay Robinson, PharmD

**Committee Members Excused:**

Abril Atherton, PharmD

Susan Siegfried, MD

**Dept. of Health/Div. of Health Care Financing Staff Present:**

Jenifer Strohecker, PharmD, BCPS  
 Andrea Rico, CPhT

Heather Santacruz, RN  
 Robyn Seely, PharmD

**University of Utah Drug Regimen Review Center Staff Presenter:**

Elena Martinez Alonso, B.Pharm, MSc MTSI, Medical Writer

**Other Individuals Present:**

Jennifer Lauper, BMS  
 Christopher Valentine, Healthy Choice  
 Cody Ball, SelectHealth  
 Matt Mitchell, SelectHealth  
 Tracy Hunan, UUHP  
 Chris Stanful  
 Joe Busby

Charissa Anne, J&J  
 Laura Britton, Healthy U  
 Trevor Smith, BMHC, UDOH  
 Jorge Fuentes, BMHC, UDOH  
 Michelle Bice, Gilead  
 Dale Crawford, Novo Nordisk

Meeting conducted by: Clinton Sheffield

1. **Welcome & Housekeeping:** Clinton Sheffield opened the meeting, acknowledged a quorum and reminded everyone to sign the rosters.
2. **Review and Approval of March Minutes:** Clinton Sheffield made a motion to approve the minutes from March. Bryan Larson seconded the motion. Five in favor, Beth Young abstained, motion passed.
3. **Drug Utilization Review (DUR) Board update:** The DUR board met last week to discuss Synagis.
4. **Accountable Care Organization (ACO) Update: Report on Methodologies for Preferred Drug List Development**

a. Healthy U .....Laura Britton, PharmD

- b. Select Health ..... Cody Ball, PharmD
  - c. Health Choice..... Christopher Valentine, MD
  - d. Shea Wilson, RPh was on the agenda to report for Molina, but was not present at the meeting.
5. **Nonsteroidal Anti-Inflammatory Drugs (NSAIDs)** (Diclofenac, Etodolac, Fenoprofen, Ibuprofen, Indomethacin, Ketoprofen, Ketorolac, Mefenamic Acid, Meloxicam, Nabumetone, Naproxen, Oxaprozin, Piroxicam, Sulindac, Tolmetin). Elena Martinez presented a review of (NSAIDs). She presented peer-reviewed research regarding the safety and efficacy of each agent, clinical trials, disease-state treatment guidelines and Utah Medicaid utilization data.
- a. **Public Comment:** None
  - b. **Other State Report:** Bryan Larson reported PDL listings for agents in this class in other States' Medicaid programs.
  - c. **Committee Discussion:** Bryan Larson motioned that all NSAIDs are equally safe and efficacious. Elizabeth Young seconded the motion. Unanimous approval. Clinton Sheffield motioned to have at least one topical NSAID as a preferred agent on the PDL. Bryan Larson seconded the motion. Unanimous approval.
6. **Public Meeting Adjourned:** Clinton Sheffield motioned to close the meeting. Bryan Larson seconded the motion. Unanimous Approval.
7. **Next meeting is scheduled for** May 17, 2018 Proton Pump Inhibitors.

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Audio recording of all P&T meetings are available online at:

<https://medicaid.utah.gov/pharmacy/pt-committee?p=Committee%20Meeting%20Audio%20Recordings>